



COLLEGE CAFE

MENU TERM 1 - 2018

SALADS

GREEK SALAD

Tomato, mixed greens, cucumber, feta, olives

GF / VEG

\$5.50

CAESAR SALAD

Greens, egg, bacon, parmesan cheese, croûton

\$5.50

ROAST VEG & PASTA SALAD

Pasta, roast sweet potato, capsicum, spinach, and feta

VEG

\$5.50

WRAPS & ROLLS

CHICKEN CAESAR WRAP

Chicken, greens, parmesan cheese and caesar dressing

\$4.00

CAJUN CHICKEN WRAP

Cajun spiced chicken, greens, cucumber and whole egg mayonnaise

\$4.00

ROAST VEG WRAP

Roast sweet potato, spinach, capsicum, feta and basil mayonnaise

VEG

\$4.00

ROAST VEG TURKISH ROLL (TOASTED)

Variety of roasted vegetables

\$5.00

FEATURED



CHICKEN CAESAR SALAD

SANDWICHES

CHEESE & TOMATO	\$3.50
EGG & LETTUCE	\$4.50
HAM & CHEESE	\$4.50
SALAD	\$5.00
CHICKEN, CHEESE & TOMATO	\$5.50
CHICKEN & MAYO	\$5.00

TOASTED SANDWICHES

RAISIN BREAD WITH BUTTER	\$1.00
CHEESE & TOMATO	\$3.50
HAM & CHEESE	\$4.50
CHICKEN & MAYO	\$5.00
HAM, CHEESE & TOMATO	\$5.00
BLT	\$5.00
Bacon, lettuce, tomato	

HOW TO ORDER



CASH
Pay at Cafe
with cash.



STUDENT ID
Pay at Cafe with student
card loaded with funds
via flexischools.



FLEXISCHOOLS
Place orders via
flexischools.com.au.



PAPER BAG

- Write on bag - child's name, class, teacher, morning tea or lunch + food order.
- Advise if gluten free.
- Place cash in bag.
- Place in the Café box in classroom.



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SUSHI

CHICKEN PLAIN GF	\$3.50
TUNA PLAIN GF	\$3.50
CHICKEN TERIYAKI	\$3.50
CRISPY CHICKEN	\$3.50
VEGETARIAN GF	\$3.50
TUNA	\$3.50
RICE PAPER ROLL VEG GF	\$3.00
RICE PAPER ROLL CHICKEN & VEG GF	\$3.50



HOT FOOD

SCHOOL PIE	\$2.00
<small>Skinny low fat & salt</small>	
HALF SAUSAGE ROLL	\$2.00
<small>Skinny low fat & salt</small>	
FULL SAUSAGE ROLL OR PLAIN PIE	\$4.00
<small>Skinny low fat & salt</small>	
4 CHICKEN NUGGETS GF	\$2.00
8 CHICKEN NUGGETS GF	\$4.00
MACARONI CHEESE	\$3.50
PIZZA	\$4.00
LASAGNE OR SPAGHETTI	\$5.00
VEGIE LASAGNE	\$5.00
BUTTER CHICKEN & RICE	\$5.00
TOMATO SAUCE	\$0.40
SWEET CHILLI SAUCE	\$0.40

WEEKLY SPECIALS

SAVOURY

CHICKEN BURGER \$5.00

BEEF ENCHILADA \$5.00

FISH & CHIPS \$5.00

HAMBURGER \$5.00
CHEESEBURGER \$4.00

HAMBURGER \$5.00
CHEESEBURGER \$4.00

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SWEET

ASSORTED MUFFINS \$2.00

ASSORTED SLICE \$2.00

CHOC BROWNIE \$2.00

BANANA BREAD \$2.00

CHOC CHIP COOKIE \$0.50



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ICE BLOCKS

TNT Lemonade	\$1.00
ICY POLE Lemonade	\$1.10
FROZEN YOGHURT Strawberry or Mango	\$2.00
CALIPPO MINI	\$2.00
SHAKY SHAKE (CHOC)	\$2.00
MILO SCOOP SHAKE	\$2.50

DRINKS

BREAKA - 300ml Chocolate, Strawberry, Iced Coffee	\$3.00
ICED CHOCOLATE - 500ml	\$4.50
ICED COFFEE - 500ml	\$4.50
WATER	\$2.00
COCONUT WATER	\$3.50
SPARKLING WATER	\$2.50
SLUSH PUPPIE	\$2.00
FRUIT JUICE 250ml 100%	\$2.50
FRUIT JUICE 350ml 100%	\$3.50

FRUIT & YOGHURT

APPLE SLINKIES GF	\$1.00
JELLY & FRUIT GF OR JELLY & CUSTARD	\$3.00
FRUIT SALAD GF (SMALL)	\$3.00
FRUIT SALAD GF (LARGE)	\$4.00
YOGHURT 200g Pass, Mango, Berry	\$3.00
MUESLI & YOGHURT 200g	\$3.50

BIRTHDAY CUPCAKES

As a service to our families we can make vanilla cupcakes with assorted icing for student's birthdays and send them to their class in Primary or have them ready to pick up at Morning Tea for Secondary.

Cupcakes are \$1.50 each and payment is required at the time of placing the order.

Orders must be placed a minimum of two working days' in advance.

Order by email: skohncke@suncoastcc.qld.edu.au, Flexischools or phone the College Café on 5451 3635.



SNACKS

POPCORN	\$1.00
CHIPS	\$1.40
VEGE CHIPS	\$1.40

SPECIAL DIETARY REQUIREMENTS

If you are vegetarian or require gluten free please let us know. Gluten free options are marked **GF** on the menu.

VOLUNTEERS

Volunteers are most welcome. If you can give us some of your precious time please contact us in the College Café on 5451 3635 or email skohncke@suncoastcc.qld.edu.au.